

No-Recipe One-Pot Pasta Cheatsheet

Saute: ¾ - 1 cup aromatics	Season with:	Add meat if desired:	Add: 8 ounces dry pasta	Add 2 1/4 cups liquid	Add more veggies	Top it
onion	garlic	4-8 ounces sausage	small shapes work best:	water	greens	cheese
shallots	lemon zest	8 ounces ground beef or pork	elbow mac	broth	tomatoes	nuts, seeds
leeks	chilis		rotini	splash of wine	zucchini	fresh herbs
fennel	oregano	8 ounces diced chicken	farfalle	Cover, bring to boil, reduce heat and simmer 7-10 minutes until al dente	corn	red pepper flakes
carrots	basil		penne		broccoli	toasted crumbs
celery	thyme				cooked, drained beans	capers
	salt	Saute to brown meat			Simmer 2-3 minutes more	olives
	pepper					
	anchovies					